



Walk for Values

A Walk for me, my family and my community!



Celebrating 16 Years of Walk For Values

www.walkforvalues.com

What is Walk for Values?

This is a walkathon which was started in the town of Malvern, ON., in 2003 by the Parent Council of the Sathya Sai School of Canada, a private elementary school, registered with the Ontario Ministry of Education. The school's thrust is **Education in Human Values**, where the staff, parents, students and volunteers all focus on *integrating human values* into the regular curriculum.

In 2004, this Walk became a national event being conducted annually in the cities of Ottawa, Kingston, Toronto, Saskatoon, Winnipeg, Edmonton, Calgary, and Coquitlam where representatives from Vancouver, Surrey, and Abbotsford join together with the City's Teddy Bear Parade. In 2007, it continued at Dundas Square, in downtown Toronto and in 2007, it also became *international* when it was done in Australia in 5 major cities on a national scale. Today it has spread over 4 continents in 30 major cities across the world. This is *the little Walk that grew* from just over 3000 walkers in Malvern in 2003 to over 5000 participants in 2010 at Yonge-Dundas Square, the heart of downtown Toronto, growing by the end of 2014 to an annual **international event** covering 28 major cities in 4 continents and counting! Since 2013, this Walk is being conducted from the prestigious **Nathan Phillips Square**, at Toronto City Hall. This Walk is aimed at raising awareness of the importance of practicing **positive values** at helping in the eradication of violence, bullying, drugs, crime, disrespect and greed in our society. The uniqueness of the event is that **it is not a fundraiser**. Rather, each participant resolves to make the community richer **by pledging to practice a value of his or her choice**. In this way, it is a **"walk of love"** aimed at making our city, one citizen at a time, richer in our commitment to human values as a first step towards raising our social conscience.

Mission Statement

"Walk for Values" is a walk designed to raise awareness of *Human Values* and to promote individual and collective responsibility for the progress of humanity, one step at a time.

Vision Statement

A non-monetary, non-denominational event, this unique initiative, based on the five basic universal human values of Truth, Right Conduct, Peace, Love and Non-violence, is part of a global drive to seed human consciousness with timeless affirmations such as hope, kindness, patience and honesty, along with other positive values deemed integral to the sustenance and survival of mankind.

It calls for an honest self-examination from all its participants who identify areas for personal growth and pledge to practice associated values not only for self-transformation but also collectively for social, environmental and global reformation.

The Objective of the "Walk for Values"

The objective of the "Walk for Values" is to give members of the community, participating organisations and students a clearer understanding of the importance of a values-based life. Basic Human Values of truth, right conduct, peace, love and non-violence have been on the decline in our communities and our nations. We can see this in the daily reports in the newspapers, radio and TV news broadcasts. Guns, violence and drugs have infiltrated our streets, our communities and our families. By doing nothing we contribute to the increase of this decline. As responsible citizens, we simply must do something about it. This WALK is an opportunity to fulfil that responsibility in a positive way by raising the awareness of human values in our community.



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The Values we walk for are Values to live by

TRUTH - honesty, integrity, optimism, excellence

RIGHT CONDUCT - courtesy, gratitude, fairplay, perseverance, determination, responsibility, sacrifice, initiative, leadership, courage, duty, ethics

PEACE - contentment, discipline, humility, patience, satisfaction, self-control, self-confidence, self-respect, understanding, modesty

LOVE - caring, compassion, reverence, forgiveness, generosity, kindness, enthusiasm, tolerance, dedication, devotion, unity

NON-VIOLENCE - gentleness, consideration, moderation, cooperation, brotherhood, equality, cultural respect, social justice

Current Locations, touching the 6 continents ~ North America, South America, Europe, Australia, Asia and Africa.

Canada: Ottawa, Kingston, Toronto, Saskatoon, Winnipeg, Edmonton, Calgary Fort McMurray and Coquitlam.

Australia: Sydney, Melbourne, Adelaide, Canberra, Perth and Brisbane. **USA:** New York, Austin, Houston, Dallas,

Raleigh, Seattle, Detroit, Ann Arbor, Chicago and Tampa. Mexico **India:** Chandigarh, Visakhapatnam New Delhi. **New**

Zealand: Auckland. **Malaysia:** Kampala. **Hong Kong:** The city of Hong Kong. **Africa:** Cape Town and Johannesburg.

Europe: UK. **South America:** Suriname

Event Highlights focusing on the Tenth to Fifteenth Anniversary of Walk For Values

- It's not a fund raiser, but an event to promote Human Values and Character Development.
- The only major public event that supports & promotes excellence in Character in communities
- Collection of non-perishable food items - **with goal of 10 tons** - on a **National** basis for the Food Banks across Canada
- Conducting a **National Blood Donation** drive in partnership with CBS
- Collecting new and re-usable **clothing** to be distributed to the needy
- Donated **108 Children's** beds to charity through the agency of 'Furniture Bank'
- Colorful floats, music bands and participation by other local public schools
- Motivational keynote speakers from the various community organizations
- **"Go Green"** was the theme for 2009 and continues as an underlying goal of all events
- Promotion of family values with fun games and prizes for children
- Leaders from the three levels of Government and other community organisations lead the parade
- Ignite Partner of Pan Am Games
- Alliance Partner for Canada 150
- Received 90 Proclamation of Human Values Day Across Canada

Respectfully submitted,

Manish Rughani (Advisor Team - Walk for Values)

Hosted by the Parent Council - Sathya Sai School, Sathya Sai International Organization, Canada
451 Ellesmere Rd., Toronto, ON., Canada M1R 4E5; T. 416-297-7970; F. 416-297-0945; www.sathyasaischool.ca

Values Without Borders!



PRIME MINISTER • PREMIER MINISTRE

Human Values Day

It is with great pleasure that I welcome you to Human Values Day, hosted by the Organizing Committee of the Walk for Values.

This year marks Canada's 150th year of Confederation, a chance to look back over the span of our history and celebrate that which makes our country special, including our common commitment to human rights and positive values.

As we gather today to celebrate Human Values Day, we reflect on the importance of community and reaffirm our dedication to treating others with respect. Canada is stronger when we work together and interact based on our humanitarian ideals.

Thank you to the organizers of this amazing event and to all of you who are in attendance to support this worthwhile cause. Please accept my warmest welcome and best wishes for a memorable Human Values Day.

Ottawa
2017



PRIME MINISTER • PREMIER MINISTRE

May 28, 2017

Dear Friends:

I am pleased to extend my warmest greetings to everyone taking part in the 2017 Walk for Values.



Walk for Values is a community-based initiative that helps raise awareness of five important values: love, peace, truth, non-violence and right conduct. Since the inaugural event 15 years ago, the walkathon has grown to become a global phenomenon; every year participants in major cities around the world take up the pledge to improve the lives of their fellow citizens.

This year, the Walk for Values team has collaborated with the Royal Canadian Legion to include a special ceremony, An Act of Remembrance, in tribute to every Canadian soldier who answered the call to serve. I would like to commend the organizers and the students of Sathya Sai School for inspiring the community through this worthy initiative.

Please accept my best wishes for a wonderful day, and for every success in achieving your goals.

Sincerely,

The Rt. Hon. Justin P.J. Trudeau, P.C., M.P.
Prime Minister of Canada



Cape Breton Island



City of Port Alberni



City of Bathurst



City of Brampton



City of Brantford



City of Brockville



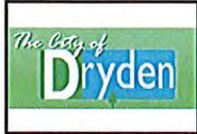
City of Burnaby



City of Cornwall



City of Dauphin



City of Dryden



City of Edmonton



City of Estevan



City of Greater Sudbury



City of Kamloops



City of Kingston



City of Markham



City of Mount Pearl



City of Nanaimo



City of Oakville



City of Orillia



City of Oshawa



City of Ottawa



City of Pickering



City of Powell River



City of Prince Albert



City of Prince George



City of Quinte West



City of Saskatoon



City of St. Thomas



City of Stratford



City of Sudbury



City of Summerside



City of Thunder Bay



City of Torbay



City of Toronto



City of Vancouver



City of Victoria



City of Windsor



City of Yellowknife



District of Kitimat



District of Oak Bay



District of Saanich



City of Port Colborne



Municipality of Clarington



Municipality of Brighton



Municipality of Port Hope



Municipality of Red Lake



Regional Municipality of Wood Buffalo



The Halifax Regional Municipality



The Nation Municipality



The Resort Municipality of Whistler



Town of Ajax



Town of Amherstburg



Strathcona County



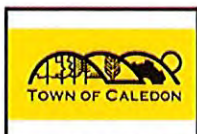
Town of Aurora



Town of Avondale



Town of Bay Roberts



Town of Caledon



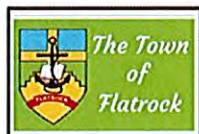
Town of Carleton Place



Town of Cobourg



Town of Faro



Town of Flatrock



Town of Goderich



Town of Grande Cache



Town of Irricana



Town of Kirkland Lake



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Proclamations

Proclamations
Protocol Officer

[Draft Intro Can be changed for Proclamations](#)

Human Values Day, April 24th 2018

Whereas raising and increasing the AWARENESS of *Human Values* of truth, right conduct, peace, love and nonviolence, and all the multiple sub values like honesty, integrity, kindness and caring in the City of XXXXX is a primary goal of this wonderful city

Whereas these values are inherent in all creeds, countries, cultures and communities, making these values truly "*Values without Borders*"

Whereas making the City of XXXXX '*A City of Character*' is for the greatest benefit of all our citizens

Whereas reducing and even erasing the incidents of violence of all types in our communities and our City will bring PEACE and PROGRESS in all aspects and activities of this city

Whereas unlike other walks, Walk for Values is not a fund-raiser, but a way to make the City richer and healthier by pledging our commitment to practice human values, and be motivated to serve our community through volunteer work, or by donating blood or food for the needy

Whereas "Walk for Values" is designed to raise the awareness of Human Values and to promote individual responsibility towards collective future of Humanity. Walk for Values is a platform to educate people on the importance of practicing these five Human Values in daily life and the awareness it creates in making of enlightened citizens for universal peace.

NOW THEREFORE, I, Mayor XXXX, on behalf of XXXXX City Council, do hereby proclaim 24th April 2018 as "**Human Values Day**" in the City of XXXXX

Values without Borders!